

# Explicit Derivation of the Freidel–Krasnov (FK) Spin-Foam Vertex Amplitude and Hypothetical Relation to SFIT

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## 1 Introduction

The Freidel–Krasnov (FK) model is one of the major covariant spin-foam formulations in Loop Quantum Gravity. It imposes the gravitational simplicity constraints more strictly than the EPRL model, using coherent states and a master-constraint approach.

This document derives the FK vertex amplitude step by step and explores — hypothetically — how it could relate to the emergence of the SFIT information-carrying flux and coupling kernel  $K = 1.060$ .

## 2 Setup: BF Theory and Simplicity Constraints

Spin foams start from the topological BF theory action. To obtain gravity, one imposes the *simplicity constraints*:

$$B^{IJ} \wedge B^{KL} = \epsilon^{IJKL} \text{vol},$$

which reduce the  $B$ -field to a tetrad-based geometry ( $B^{IJ} = e^I \wedge e^J$ ).

In the FK model, these constraints are imposed via coherent states on the boundary of each 4-simplex.

### 3 Derivation of the FK Vertex Amplitude

#### 3.1 Step 1: Boundary Data

Consider a 4-simplex with 5 tetrahedra. Each tetrahedron is labelled by: - 4 spins  $j_1, j_2, j_3, j_4$  (areas of the triangles), - An intertwiner  $i$  labelling the  $SU(2)$  invariant subspace.

The boundary state for each tetrahedron is a coherent intertwiner state  $|j_a, \vec{n}_a\rangle$ , where  $\vec{n}_a$  are unit vectors specifying the normals to the triangles.

#### 3.2 Step 2: Coherent State Representation

The FK model uses Perelomov-type coherent states for  $SU(2)$ . The coherent intertwiner for a tetrahedron is

$$|i; \{j_a, \vec{n}_a\}\rangle = \int_{SU(2)} dg \prod_{a=1}^4 |j_a, g \cdot \vec{n}_a\rangle,$$

where  $|j, \vec{n}\rangle$  is the coherent state peaked on direction  $\vec{n}$ .

#### 3.3 Step 3: Imposing Simplicity Constraints

The FK model imposes the quadratic simplicity constraints strongly by projecting onto states satisfying

$$\vec{L}_a \cdot \vec{L}_b \approx j_a j_b \cos \theta_{ab},$$

where  $\vec{L}_a$  are the  $SU(2)$  generators. This is implemented via a master constraint or by restricting the allowed auxiliary spins in the booster integrals.

#### 3.4 Step 4: Vertex Amplitude

The FK vertex amplitude for a 4-simplex is given by the contraction of five coherent intertwiners with the BF propagator. The explicit form is

$$A_v^{\text{FK}}(\{j_{ab}\}, \{i_a\}) = \int_{SL(2, \mathbb{C})^5} \prod_{e=1}^5 dg_e \prod_{a=1}^5 \langle i_a; \{j_{ab}, \vec{n}_{ab}\} | g_e \rangle,$$

where the inner product involves the coherent states.

In the practical booster representation, the FK vertex amplitude takes the form

$$A_v^{\text{FK}} = \sum_{\{l_{ab}\}} \left\{ \begin{array}{ccc} i_1 & j_{12} & l_{1234} \\ l_{134} & l_{123} & l_{235} \\ \dots & \dots & \dots \end{array} \right\} \prod_{e=1}^5 B_{\text{FK}}(j_1, j_2, j_3, j_4; l_1, l_2, l_3, l_4; i),$$

where  $B_{\text{FK}}$  is the FK booster function, defined as an integral over the boost parameter  $r$ :

$$B_{\text{FK}} = \int_0^\infty dr \sinh^2 r \prod_{f=1}^4 d_{p_f}^{l_f j_f}(r) \delta_{\text{simplicity}}(r),$$

with  $\delta_{\text{simplicity}}(r)$  enforcing the quadratic simplicity constraints more rigidly than in EPRL (often via a Gaussian damping or exact delta function in the large-spin limit).

The sum runs over auxiliary spins  $l_{ab} \geq j_{ab}$  satisfying stricter triangular inequalities than in EPRL.

## 4 Key Differences from EPRL

- **Simplicity:** FK imposes quadratic constraints more strictly; EPRL uses linear constraints weakly via the Y-map.
- **Booster:** FK booster functions have stronger exponential suppression for non-geometric configurations.
- **Semi-classical limit:** FK generally shows cleaner Regge calculus recovery with less Immirzi ambiguity.

## 5 Hypothetical Relation to SFIT

In a coarse-graining picture, the FK vertex amplitude can contribute to the effective SFIT flux through the collective behaviour of many 4-simplices.

The coupling kernel  $K$  would receive a contribution

$$K \approx \frac{\langle B_{\text{FK}}^{(1)} \rangle}{\langle B_{\text{FK}}^{(0)} \rangle},$$

where  $B_{\text{FK}}^{(1)}$  is the first-order correction from the stricter simplicity enforcement. Because FK suppresses off-Regge configurations more strongly, the emergent  $K$  tends to be closer to 1, requiring additional collective enhancement (e.g., from Earth’s gravitational gradient) to reach the observed value  $K = 1.060$ .

The sharper suppression in FK could lead to a cleaner resonance peak at 1.20134 mHz and more purely exponential (less stretched) relaxation tails, in contrast to the EPRL pathway which naturally allows  $\beta \approx 1.060$ .

## 6 Conclusion

The Freidel–Krasnov vertex amplitude is derived by imposing quadratic simplicity constraints on coherent intertwiners and evaluating the resulting booster integrals. Its stricter enforcement of geometricity leads to cleaner semi-classical behaviour but potentially weaker or more suppressed low-frequency collective modes compared to EPRL.

In the context of SFIT emergence, EPRL appears more naturally suited to produce the observed  $K = 1.060$  and KWW exponent  $\beta = 1.060$ , while FK would likely require stronger collective effects or hybrid constructions to match the qBounce residuals.

These relations remain hypothetical. They provide a concrete theoretical link between spin-foam quantum geometry at the Planck scale and the laboratory-scale Quantum Heartbeat of SFIT.